

Cancer Survivor



In June of 2012, I started feeling sick. I brought myself into Kosrae's hospital where they later on advised me to seek help in Hawai'i or the Philippines due to the lack of supplies/equipment they had to cure my sickness. With the help of family and friends, they were able to bring me over to Hawai'i to get the medical attention I needed.

Upon my arrival to Hawai'i, I learned I was already at stage 4 of cancer. I not only had to drink numerous pills, but also go through 3 months of radiation treatment. Through the magnificent works of God, he was able to help me get to where I needed and be cured. It may be hard, but there are always opportunities around you that are willing to help those in need.

KULO MA LUHLAHP



UNIVERSITY OF HAWAI'I
CANCER CENTER



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**Main things you need to
know about cervical cancer
and HPV (Human Papilloma
Virus)**

Spread the word to save a sister



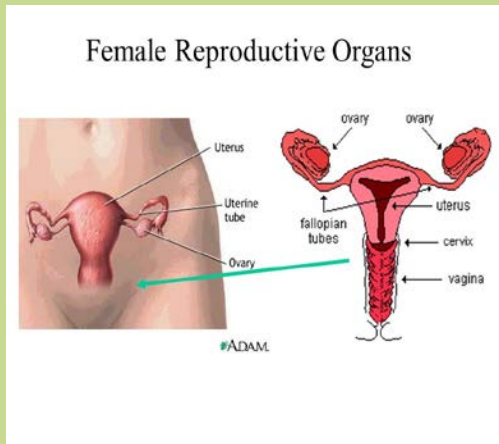
Island of the sleeping lady



What is cervical cancer?

- Abnormal cells or tissue that grow in women cervix.

Female Reproductive Organs



Symptoms of HPV

- In most cases, women will not see any signs or feel any symptoms of cervical cancer in their reproductive organs. Some may display signs of internal bleeding and/or abnormal vaginal discharge.

What causes this cancer? (Cervical Cancer)?

- It starts off as an HPV virus that causes changes in a woman's cervix area.

How do you get this virus (HPV)?

- If one does have HPV, it does not automatically mean they have cervical cancer. But it does put them at a higher risk of getting the cervical cancer. You can get HPV by having sexual intercourse with an individual.

Easiest ways of getting Cervical Cancer

- Smoking, using another individuals body parts, if you have kids, or already have HPV, HIV, or AIDS.

How do you prevent yourself from getting cervical cancer?

- You must get checked from you doctor and go through what is called a Pap smear test. A pap test is a screening done in the lower part of a woman's vagina.
- There hospitals and clinics you can visit that provide free check ups
- BCCCP is a program that is also free. Please ask your doctor for more information.
- The earlier you get checked, the easier it is to prevent yourself from future illnesses.

What to do if you already have HPV?

Talk to your doctor/nurse:

- Ask your doctor what you have to do to get rid of or maintain the virus. Pay close attention to what is being said
- If you need an interpreter, please ask your doctor before or during your visit
- Ask for advice from friends or family members who have had past experience with the virus
- Make an appointment every 3 years

References:

- www.cancer.org
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